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Welcome to Camberwell Grammar Sport.

Recognising that the presence of sport in a student’s life is imperative, the Sport Department’s goal is to foster within all students a passion for sport; a passion that is alive not only during their schooling but for the duration of their lives. To this end, the Sport Department continues to pursue: new sports for the students to enjoy, development squads for students to excel in, and overseas tours for students to enhance their sporting experience.

Camberwell Grammar School (CGS) is proud of its commitment to provide a safe, interactive and friendly environment in which students can enjoy the sportsmanship, mateship, and thrill of competitive sport. And, it is within this environment, that you are able to see the joy as a student serves and volleys for the first time, celebrate with a student their first ever soccer goal, or encourage a student to break a personal best time in the pool. Whilst it is personal successes like these that drive the sporting program, we are proud of the school’s contemporary premiership achievements: since 1990, when the Associated Grammar Schools of Victoria (AGSV) restructured its premiership program, CGS has now won 52 AGSV premierships. This ranks us second amongst all AGSV schools. Whilst this is a remarkable achievement, it does not take into account our additional dominance in sports outside of the AGSV realm, such as Triathlon, Kayaking, Orienteering, Fencing and Lawn Bowls.

I sincerely hope you will find your involvement in sport at Camberwell Grammar School to be a positive experience and one that will play a significant role during your time at the school. Please do not hesitate to contact me with any queries you may have concerning any of the matters contained in the handbook.

Yours in sport,

Jamie Watson
Director of Sport
VISION

Camberwell Grammar School is a school where staff and students work collaboratively and innovatively to achieve a learning programme that is rigorous, liberal, broadening and challenging for every student. We aim to be a leader in boys’ education.

PURPOSE

We are a leading independent boys’ school. We have a learning community committed to ensuring that students discover their passions, develop a life-long love of learning and have a commitment to making a positive contribution to the world around them. Staff and students work together to develop a supportive and inclusive school community which motivates young people to engage with and lead their communities – locally, nationally and internationally.

GUIDING PRINCIPLES AND VALUES

The type of school we are is important. The Anglican Church and its values are the foundation upon which the school is built. Camberwell Grammar School is committed to being a single-sex, open entry, one-campus school.

- We value our history and traditions and the principles of courtesy and respect that guide our behaviour and interactions. We believe in acting with integrity in all we do.
- We believe that we are a leading school. We value innovation and adaptability in a fast-changing educational environment. We seek to have staff who are leaders in their fields and have high levels of commitment and accountability.
- The care and well-being of our school community are important. The school is committed to providing an environment that is safe, supportive and welcoming, and appreciates and values the diversity of our school community.
- We value the achievement of all our students. We believe that all students can learn and improve, and the best interests of their learning must be central to the school. To this end we are committed to providing an education that is rigorous, creative and broadly based.
- The wider connections we make are important to us. We believe that the school is a community of learners, and that encouraging our students to engage with the world, and our partnerships with schools, universities, employers and community and sporting groups are crucial.
- We have responsible and forward-looking governance and management which focuses on supporting all of our members and ensuring that CGS is led in a financially and environmentally sustainable way.
GOALS

Camberwell Grammar School Sport aims to:

• Encourage participation and enjoyment in sport and physical activity
• Support and strengthen the pastoral care structure
• Encourage a healthy lifestyle and positive body image
• Offer a wide variety of sports to cater for a range of interests and skill development
• Develop an understanding and knowledge of the strategies involved in specific sports and sport in general
• Teach students how to work in, and be part of, a team environment
• Engage students, who may be experiencing difficulties in other areas of school life
• Promote an appreciation of the benefits gained from a lifelong involvement in physical activity
• Expose students to ‘winning and losing’ and teach them how to deal appropriately with these situations
• Promote good sportsmanship
• Improve motor skill standards
• Provide students with the opportunity to lead themselves and others

OUTCOMES

Regular participation in sport aims to achieve:

• Health benefits from increased fitness
• An appreciation for the role of sport within society and Australian culture
• Stronger staff/student relationships
• Positive attitudes towards physical activity and sport
• Improved self-esteem and body image
• The ability to co-operatively interact within a team environment
• A greater understanding of strategies specific to a range of sports
• To improve motor skills for all
• A critical but healthy mindset in the face of success or failure
ASSOCIATED GRAMMAR SCHOOLS OF VICTORIA (AGSV)

Camberwell Grammar School is a member of the Associated Grammar Schools of Victoria (AGSV), a prestigious alliance of single sex boys and co-educational private schools, providing an excellent sporting competition in a wide variety of sports all year round. The Google Drive Link on page 11 provides links and maps to all venues both home and away.

Assumption College
Sutherland Street, Kilmore 3764

Camberwell Grammar
55 Mont Albert Road, Canterbury 3126

Ivanhoe Grammar School
The Ridgeway, Ivanhoe 3079

Marcellin College
160 Bulleen Road, Bulleen 3105

Mentone Grammar School
63 Venice Street, Mentone 3194

Penleigh & Essendon Grammar School
Rochelle Road, Keilor East 3033

The Peninsula School
Wooralla Drive, Mount Eliza 3930

Trinity Grammar School
60 Wellington Street, Kew 3103

Yarra Valley Grammar School
Kalinda Road, Ringwood 3134
ATTENDANCES AND ABSENCES

Students absent from school on Friday will not be expected to play sport the following day. In cases of illness or injury arising overnight on Friday, parents should email the Director of Sport (sport@cgs.vic.edu.au) or the Team Coach/Manager. In an emergency, the Director of Sport may be called on 0448 981 019. A follow up note should also be presented upon returning to school to either the Director of Sport or the Team Coach/Manager.

Students are expected to attend all sports training sessions. Students must notify the Director of Sport or their Team Coach/Manager of their absence from sport or the following sanctions will apply. Students who don’t communicate effectively about their absence from sport will be classed as an ‘Unexcused Absence’.

**Absent From Training (Unexcused Absence)**

1 – Warning
2 – Midweek
3 – Midweek
4 – Friday
5 – Friday
6 – Saturday
7 – Saturday
8 – Refer to Deputy Head

**Absent From Saturday Game (Unexcused Absence)**

1 – Friday
2 – Saturday
3 – Refer to Deputy Head

Students are notified of their detention with a detention slip and their parents will receive an email in the case of a Friday or Saturday Detention being issued. Parents are required to acknowledge receipt of the email and impending detention. Explanation as to the reason for the ‘Unexcused Absence’ at this particular time is deemed to be too late for the detention to be rescinded.
<table>
<thead>
<tr>
<th><strong>Camberwell Grammar School Sporting Venues</strong></th>
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<tbody>
<tr>
<td>Please refer to the Google document on Page 11 for the addresses of all sporting venues.</td>
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<table>
<thead>
<tr>
<th><strong>Boroondara Sports Complex</strong></th>
<th><strong>Fairfield Park</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Balwyn) Basketball, Swimming &amp; Volleyball</td>
<td>(Fairfield) Kayaking</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Camberwell Girls Grammar</strong></th>
<th><strong>Gordon Barnard Oval</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Canterbury) Swimming &amp; Water Polo</td>
<td>(Balwyn) Cricket &amp; Football</td>
</tr>
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<thead>
<tr>
<th><strong>Camberwell Grammar - JTO</strong></th>
<th><strong>Hawthorn Indoor Cricket</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Canterbury) Hockey &amp; Tennis</td>
<td>(Hawthorn) Cricket</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Camberwell Grammar - KAO</strong></th>
<th><strong>Hislop Park</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Canterbury) Cricket, Football &amp; Soccer</td>
<td>(Balwyn) Cricket &amp; Soccer</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Camberwell High School</strong></th>
<th><strong>Kilsyth Sports Centre</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Camberwell) Basketball</td>
<td>(Kilsyth) Table Tennis</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Club Hawthorn</strong></th>
<th><strong>Koonung Secondary College</strong></th>
</tr>
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<tbody>
<tr>
<td>(Hawthorn) Squash</td>
<td>(Mont Albert North) Hockey &amp; Tennis</td>
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<thead>
<tr>
<th><strong>Deepdene Oval</strong></th>
<th><strong>Melbourne High School</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Deepdene) Cricket &amp; Soccer</td>
<td>(Richmond) Water Polo</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Deepdene Tennis Club</strong></th>
<th><strong>Melbourne Taekwondo Centre</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Deepdene) Tennis</td>
<td>(Kew) Taekwondo</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Doncaster Athletics Track</strong></th>
<th><strong>Monash University</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(Doncaster) Athletics</td>
<td>(Clayton) Volleyball</td>
</tr>
<tr>
<td>Myrtle Park</td>
<td>State Fencing Centre</td>
</tr>
<tr>
<td>---------------------</td>
<td>-------------------------------</td>
</tr>
<tr>
<td>(Balwyn) Cricket</td>
<td>(North Melbourne) Fencing</td>
</tr>
<tr>
<td>North Balwyn Bowls Club</td>
<td>(Balwyn) Lawn Bowls</td>
</tr>
<tr>
<td>Pro Badminton Academy</td>
<td>(Blackburn) Badminton</td>
</tr>
<tr>
<td>State Volleyball Centre</td>
<td>(Dandenong North) Volleyball</td>
</tr>
<tr>
<td>Yarra Bend Park</td>
<td>(Fairfield) Cross Country</td>
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</tbody>
</table>
CAPTAIN SELECTION

Captains are selected for First Teams/Squads. They are selected at the commencement of the season (Summer, Winter and Spring). Captains may be chosen at all other levels, but it is not necessarily the case that every team has a captain. It may be that at these other levels, a rotation of captaincy, on a weekly basis, occurs.

The selection process for captaincy involves the Coach/Team Manager (Teacher) and includes a student vote and consultation with the Director of Sport and Headmaster. The Captain of a First Team/Squad is a Year 12 student unless there are no Year 12 students in the team or there are other circumstances that prevent a Year 12 from being selected.

CHANGE OF SPORT PREFERENCE WEEKS

Team Lists/Squads are rolled over from season to season, with students being placed in the equivalent team in the next year level up, unless a student fills in a ‘Change of Summer or Winter Sport Preference’ form. Change of Summer Sport Preference Week is the last week of Term 2 and Change of Winter Sport Preference Week is the week leading up to Melbourne Cup Long Weekend.

Should a student wish to try out for a higher grade (eg: 8A Basketball when they are currently in 8B Basketball) they are most welcome to do so. To do so they need to inform their current coach and the Director of Sport of their intention to try for selection in a higher team and then attend that team’s training.

COLOURS

The Colours Criteria Booklet can be accessed via the Google Drive Link (listed on Page 11). The Booklet details the process and criteria for Colours, Half and Full, in each of the sports offered at the school. Each Sport has a set number of Colours Points that need to be acquired to achieve Half or Full Colours.

At the end of each season, Coaches, Team Managers (Teachers) and Captains get together and discuss who will be awarded Colours, referring to the Colours Criteria Booklet. Selections are then discussed at the Sports Colours Meeting where all members mentioned above are present as well as the Director of Sport and Headmaster. The Colours are then ratified and placed on the Sports Noticeboard. Students then have a right of appeal should they feel that they have indeed met the criteria. Once this process has been completed students receive their Colours at a school assembly.
COMMUNICATION

Camberwell Grammar Sport has several modes of communication when considering all things Sport. The different modes of communication are as follows:

Facebook

Like "Camberwell Grammar Sport" on Facebook and you will be updated with all the latest news, fixtures and details relating to CGS Sport.

Twitter

Follow @CGS_Sport on Twitter and you will be updated with the latest scores, cancellations or news.

Camberwell Grammar Sport App

Download Team App from the App Store and then search for Camberwell Grammar. Once you have done this you can load the CGS Sport App as an icon on your phone. This application assists with dates for rounds of sport and other links appropriate for communication. You can also access the App via your computer at www.camberwellgrammarsport.teamapp.com

Google Drive

For access to documents relating to CGS Sport (Uniform Booklet, Colours Criteria Booklet, Training Schedules etc.) copy and paste the following link into your homepage as a favourite: www.goo.gl/s1RQ3d

DIET

Excellent advice on diet and nutrition can be found on the Internet at www.ais.org.au/nutrition and www.nutritionaustralia.org.

ELITE ATHLETES

The Sport Department is mindful of our Elite Athletes within the school and the extensive programs they undertake. Students in this category should communicate with the Director of Sport as to the best course of action for their sporting requirements.

The Director of Sport, in consultation with the Headmaster, reviews each case and looks to a program that suits the student. However, they are expected to play and/or train if they are out of season and assist the school sports program when and where possible (ie coaching, umpiring, mentoring etc.).
EXEMPTION FROM SPORT

Students are sometimes affected by illness, injury or are a part of an elite athlete program outside of school. If this is the case then the student can write to the Director of Sport explaining their reasoning for wanting to be exempted from Sport (this is reviewed seasonally and therefore applications need to be in writing at the commencement of each season, or as soon as is practical in the case of severe illness or injury). Supporting documents are also required in relation to the request (i.e. doctors certificates/notes or elite coaches’ recommendations). Once this has been received then the Director of Sport consults with the Headmaster as to the appropriate outcome. The parents are then notified of the outcome in writing via the Director of Sport.

EXPECTATIONS

Student expectations are as follows:

- Attend every training session and every fixtured game
- Wear the correct uniform (see CGS Uniforms document on the Parent Portal)
- Respect officials’ and adults’ decisions
- Observe all rules of the sport and the code of conduct
- Display good sportsmanship towards opponents and team mates
- Communicate effectively with the coach and team manager.

FIXTURES

Students will be given a ‘Season Fixture’ for their selected team at the start of each season. The Fixtures are not final and will be subject to change throughout the season. ‘Weekly Fixtures’ will be confirmed on the Thursday prior to the Saturday Competition. The Fixtures and Transport details, where provided, can be found at www.cgs.vic.edu.au under ‘Sporting Fixtures’. Fixtures can also be viewed via the Link on the Facebook Homepage.

FIRST AID

All staff carry a first aid bag as well as all the necessary and current medical information and medicines (ie: Epipens) to every training and match. In addition, students who are anaphylactic are expected to have their own Epipen with them at all times as per the School’s policies and procedures. Students/Parents are encouraged to notify the school immediately should any medical/health information change (via Student Records or the Student Health Centre). First Aid is also provided at all venues. Students are also encouraged to wear hats, apply sunscreen and drink water during their sporting activities (especially outdoor and/or in hot conditions).
FRIDAY SPORT MEETINGS

Sports Meetings for all teams (unless specified by the coach) are during the first 10 minutes of every Friday Lunchtime during the Summer, Winter and Spring Seasons. They are compulsory for all staff and students. The time is used to confirm training, competition and transport arrangements, team composition and any other administrative matters. The venue of each team’s meeting is published on the Training Schedule.

At the first Friday Sports Meeting Teams/Squads will discuss the following aspects:

- Training times and venues
- Season dates
- Students sport choices
- Fixtures
- Uniform and other expectations
- Procedures in the event of sickness (communication with Coach/Team Manager – exchange of contact details)
- Emergency contact numbers (Director of Sport’s email: sport@cgs.vic.edu.au)
- Alert students to all communication methods (Facebook/Twitter/CGS Sport App/Google Drive)

FRIENDS OF GROUPS

There are a number of Friends of Groups where parents can become more involved with sport at CGS. For more information regarding the Friends of Groups please refer to the School Diary or contact the Development Office dev@cgs.vic.edu.au.

The groups parents can join are as follows:

- Friends of Cricket
- Friends of Football
- Friends of Hockey
- Friends of Kayaking
- Friends of Snowsports
- Friends of Soccer
- Friends of Swimming

PARTICIPATION IN TWO SPORTS (IN ONE SEASON)

Students are required to compete in one summer and one winter sport per year with spring season being an optional third season of sport. However, from time to time students may participate in two sports, in the one season, if the following guidelines are met:

- Parents are aware of the additional training and costs associated with the extra sport (ie: extra uniform requirements)
- The Coach/Team Manager of the second Team/Squad is aware and consents to having the student in that Team/Squad
- The student is not taking the place of another student who has chosen the sport as their first preference (mainly Soccer & Basketball)
- Once all of the above guidelines are fulfilled then the student, in consultation with the Director of Sport, will be able to participate in two sports in the one season.
SPORTS EQUIPMENT

Whilst regulations for particular sports require safety equipment to be worn, the school strongly recommends that all students provide and wear the relevant safety equipment at both training and matches for all sports. This includes mouthguards and shin pads for all contact sports. The school does provide access to a mouthguard service (held annually, in February).

A list of what the school supplies and what parents are required to purchase is shown below.

<table>
<thead>
<tr>
<th>Sport</th>
<th>CGS Equipment Provided</th>
<th>Parent To Purchase</th>
</tr>
</thead>
<tbody>
<tr>
<td>Athletics</td>
<td>Spikes on Loan</td>
<td>Not Required</td>
</tr>
<tr>
<td>Badminton</td>
<td>Racquets on Loan</td>
<td>Badminton Racquet</td>
</tr>
<tr>
<td>Basketball</td>
<td>Training Equipment</td>
<td>Mouthguard</td>
</tr>
<tr>
<td>Cricket</td>
<td>Cricket Gear Provided Except Groin Protector</td>
<td>Groin Protector</td>
</tr>
<tr>
<td>Cross Country</td>
<td>No Equipment Supplied</td>
<td>Appropriate Shoes</td>
</tr>
<tr>
<td>Cycling</td>
<td>Training Equipment</td>
<td>Bike &amp; Accessories</td>
</tr>
<tr>
<td>Fencing</td>
<td>Training Equipment Provided</td>
<td>$130 Starter Pack</td>
</tr>
<tr>
<td>Football</td>
<td>Training Equipment</td>
<td>Mouthguards &amp; Boots</td>
</tr>
<tr>
<td>Futsal</td>
<td>Shin Pads on Loan</td>
<td>Shin Pads</td>
</tr>
<tr>
<td>Golf</td>
<td>Training Equipment</td>
<td>Golf Clubs &amp; Shoes</td>
</tr>
<tr>
<td>Hockey</td>
<td>Stick &amp; Shin Pads available on Loan</td>
<td>Stick, Shin Pads, Shoes &amp; Mouthguard</td>
</tr>
<tr>
<td>Kayaking</td>
<td>Kayaks/Life Jackets/Paddles</td>
<td>Not Required</td>
</tr>
<tr>
<td>Lawn Bowls</td>
<td>Training Equipment</td>
<td>Appropriate Shoes</td>
</tr>
<tr>
<td>Multi-Skills Development (MSD)</td>
<td>Training Equipment</td>
<td>Appropriate Shoes</td>
</tr>
<tr>
<td>Orienteering</td>
<td>Compass</td>
<td>Appropriate Shoes</td>
</tr>
<tr>
<td>Snowsports</td>
<td>Armbands</td>
<td>Skiing Equipment</td>
</tr>
<tr>
<td>Soccer</td>
<td>Shin Pads on Loan</td>
<td>Shin Pads &amp; Mouthguards</td>
</tr>
<tr>
<td>Squash</td>
<td>Racquets on Loan &amp; Goggles</td>
<td>Squash Racquet &amp; Appropriate Shoes</td>
</tr>
<tr>
<td>Swimming</td>
<td>Training Equipment</td>
<td>Goggles</td>
</tr>
<tr>
<td>Table Tennis</td>
<td>Bats on Loan</td>
<td>Table Tennis Bat &amp; Appropriate Shoes</td>
</tr>
<tr>
<td>Taekwondo</td>
<td>Training Equipment</td>
<td>Taekwondo Gear</td>
</tr>
<tr>
<td>Tennis</td>
<td>Racquets on Loan</td>
<td>Tennis Racquet &amp; Appropriate Shoes</td>
</tr>
<tr>
<td>Triathlon</td>
<td>Training Equipment</td>
<td>Bicycle, Goggles &amp; Appropriate Shoes</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Training Equipment</td>
<td>Appropriate Shoes</td>
</tr>
<tr>
<td>Water Polo</td>
<td>Training Equipment</td>
<td>Mouthguard</td>
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SPORTS INFORMATION GUIDES

Team Coaches/Managers receive a Sports Information Guide at the commencement of each season that includes all the necessary information pertaining to their sport. Parents/Students can access the Information Guides via the Google Drive Link on Page 11.

SPORTSMANSHIP – CODE OF CONDUCT

All participants – coaches, players, referees, supporters and parents – in a sporting contest are asked to maintain and uphold the following principles of good sportsmanship:

- Participants are to accept and not contest the decision of the officials at all times
- Participants are to respect fellow participants in the true spirit and manner of the game
- As participants, parents and coaches are asked to role model appropriate behaviour for players
- Participants will not engage in any verbal, physical or otherwise intimidating behaviour that affects the performance of coaches, players and referees
- Participants are to ensure pre and post match courtesies are displayed between players, coaches and referees
- Participants are to avoid the use of inappropriate language at any time within any context of the match
- Participants are to avoid any provocative, threatening and inappropriate physical behaviour.

SPORT OPTIONS

All students must complete two full seasons of sport, Summer during Terms 4 and 1 and Winter during Terms 2 and 3. During Term 3 there is also a third season, Spring, that is encouraged but optional. See pages 19-43 for the full list of sports and information pertaining to them. Some of the Winter Sports (* below) run through Spring Season as well.

**Summer**
- Badminton
- Basketball
- Cricket
- Cycling
- Kayaking
- Lawn Bowls
- Orienteering
- Squash
- Swimming
- Table Tennis
- Tennis
- Triathlon
- Volleyball

**Winter**
- Cross Country
- Fencing*
- Football
- Futsal (Year 11&12 Only)
- Golf*
- Hockey
- Multi Skills Development (MSD)
- Snowsports*
- Soccer
- Taekwondo*

**Spring**
- Athletics
- Water Polo
STUDENT ATTENDANCE AT SPORT

Attendance at all allocated sporting events is compulsory. This involves all specified sports training sessions, weekly Friday meeting and scheduled fixtures. Staff maintain an accurate attendance record at all times.

If students are unable to attend specified sports training sessions and/or games then they must advise their Team Coach/Team Manager with a written explanation from their parents. If there is a long-term absence, a medical certificate should be presented to the Director of Sport before the relevant training sessions or the day that they are next at school.

TEAM PLACEMENT

Teams are placed into various AGSV Competitions as follows:

- ‘A’ division in all year level competitions is the highest standard for all sports. At Open level First, Seconds, Thirds etc. are the divisions created.
- B and C divisions are created if there are 5 or more AGSV schools placing teams in this division. If not, then the competition does not proceed OR divisions are merged (ie: no C division and just a larger B division is formed).

Camberwell Grammar endeavours to place all teams in the appropriate competition based on ability level. Teams are constantly monitored so that this occurs and that all students participate in sport in a positive and nurturing environment.

TEAM SELECTION PROCESS

All students will be given the opportunity to participate in one of the sports of their choice unless they have an identified talent in a particular sport or the sport is full. During the first few weeks of each season, trials will be held, if required, before students are allocated to a team consistent with their ability. This initial team allocation is not final and will depend upon students’ development and aptitude. If teams aren’t filled then students will be placed in the appropriate Team/Squad. The lists of all Team/Squads will be placed on the Sport Noticeboards (situated in the Middle School – Angliss Building Undercroft and Senior School – Wheelton Centre Undercroft).

In some sports (tennis, basketball, soccer) where the number of students selecting the respective sport is greater than the number of teams available, students will be given the opportunity to trial and/or select another sport.

- All teams are created on the basis of numbers within the sport. If excessive numbers are apparent then trials will be conducted
- Only students who attend the trials and/or provide a note explaining their absence from the trials (ie: injury) will be considered for selection within one of the teams
- The best squad members will be chosen for the A team and then students can be placed in whatever B or C team they choose after that (ie: B team doesn’t necessarily mean that it is the second team within that year level competition)
- If a student is ever unsure of what team they are in or would like to clarify anything they should see the Director of Sport
• If a student fails to attend training or misses sport training/matches they may be asked to choose a different sport hence forfeiting their right to participate in their first sport preference, regardless of ability
• If trials are not conducted then students are rolled over to the equivalent team in the year above (ie: 8B Basketball in 2014 would become 9B Basketball in 2015)
• Students can nominate to go into a higher team if trials are not conducted. They must consult with the Director of Sport before the season for further information on what is required
• Students will not be asked to leave a sport unless the sport is cancelled from the school sports program, the AGSV regulate less teams or change the competition structure or continued absence from training and/or matches is recorded
• Every endeavor will be made to allocate students to their first preference but unfortunately this will not always be the case and they may be required to participate in their second or third preference.

TRAINING INFORMATION

Students are asked to complete the equivalent of one or two (dependent on their team’s commitments) Training Sessions and one Saturday match per week.

Training days generally follow the guidelines below but with 25 different sports, training days and times do vary within certain sports. Please refer to the Training Schedule at all times for the latest Training Information:

  Middle School – Monday & Wednesday 3:30 – 5:00pm
  Senior School – Tuesday & Thursday 3:30 – 5:00pm

Some teams will also be asked to train in the morning dependent on access to facilities and student numbers (eg Basketball).

Training arrangements will be relayed through the team coach and students’ pastoral care teacher at the beginning of each season.

Students may have conflicts from time to time with music commitments and/or drama rehearsals. If this is the case then they are required to see the Director of Sport in order to work out a suitable outcome.

The training schedule can be found on the Sport Noticeboards, Intranet, Facebook and Google Drive. Due to restricted facilities, training may take place before or after school, and may be located off-site.

Standard training times are 7:00 – 8:00am in the morning and 3:30 – 5:00pm in the afternoon for all sport. The actual amount of training time will of course vary depending on the location and transport logistics. Due to limited resources, some teams will train at lunchtimes.
TRANSPORT

Transport is provided throughout the week for training held off school grounds that is not within walking distance. For Saturday morning competitions the school will, in most cases, provide a transport service to and from school for matches conducted at the following AGSV venues:

- Assumption College
- Mentone Grammar School and associated playing venues
- Peninsula Grammar School
- Penleigh & Essendon Grammar School and associated playing venues
- Yarra Valley Grammar School

Students are expected to make their own way to all other venues.

We strongly encourage all families to become involved in their son’s sporting experience at Camberwell Grammar School through attendance at various games and events (ie: you can take them to the ground instead of dropping them off for the bus service).

Transport arrangements, if provided, will be listed on the Camberwell Grammar School website – www.cgs.vic.edu.au – under ‘Sporting Fixtures’.

UNIFORM

The CGS Uniforms publication outlines the compulsory School Sport Uniform for each sport. This document can be found on the Parent Portal.

When competing, students are required to attend the competition in the approved Camberwell Grammar School uniform. The same guidelines apply for students when training. Failure to wear the correct uniform may result in a detention being issued. More information regarding sport specific information can be found in the following pages.
ATHLETICS (SPRING)

*Competition:* AGSV

*Year Levels:* 7 – 12  
*Number of Teams:* 1 Squad (Age Group Competition)  
*Number of Students per Team:* Unlimited

*Training Day:* Tuesday & Thursdays from 3:30 – 5:00pm  
*Training Venue:* Doncaster Athletics Track  
*Transport Provided:* To and From Training and Saturday Meets (remote)

*Competition Day:* Saturday Mornings (Trials)  
AGSV Eliminations (Half Day Monday - September)  
AGSV Finals (Full Day Wednesday - September)

*Competition Venue:* AGSV School Allocated Tracks

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Competition:* Victorian All Schools Relay Championships

*Extra Information:* It is possible for students to do both Athletics & Water Polo throughout the Spring Season. This can be organised in consultation with the Teacher in Charge of Athletics and the various Year Level Water Polo Coaches. The Squad tours the AIS every three to four years depending on interest

*Post Year 12:* Contact Athletics Victoria for your nearest club: [www.athsvic.org.au](http://www.athsvic.org.au)

*Previous Results:*

2008: Second  
2009: Fourth  
2010: Third

2011: Fourth  
2012: Fourth  
2013: Third  
2014: Fourth
BADMINTON (SUMMER)

Competition: AGSV

Year Levels: 7 – 12

Number of Teams: 8 – 10 (Division 1 through to Division 3)

Number of Students per Team: 4 – 8

Training Day: Tuesday – Thursdays from 3:30 – 5:00pm (dependent on team)

Training Venue: Pro Academy Badminton Box Hill

Transport Provided: To and From Training Only

Competition Day: Saturday Mornings

Competition Venue: Pro Academy Badminton Box Hill

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Trials: Trials for all Teams are held during Term 3 (August)

Extra Competition: Victorian All Schools Badminton Championships (Term 4) – subject to the success of the team in the AGSV competition.

Extra Information: There may from time to time be an internal competition organised by CGS due to AGSV Regulations regarding the number of teams CGS can enter in the AGSV

Post Year 12: Contact Badminton Victoria for your nearest club: www.badmintonvic.com.au

Previous Results (First IV):

BASKETBALL (SUMMER)

Competition: AGSV

Year Levels: 7 – 12

Number of Teams: Years 7 – 10: 4 teams per year level (A, B and 2 x C Teams)
Years 11 & 12: 7 teams between them (First, Seconds, Thirds & Fourths)

Number of Students per Team: 10

Training Day: Monday – Fridays from 7:00 – 8:00am (dependent on team)

Training Venue: Boroondara Sports Complex, Balwyn

Transport Provided: From Training & Saturday Competitions (remote)

Competition Day: Saturday Mornings

Competition Venue: AGSV School Venues

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Trials: Trials for the First V commence in Term 3 (August). Trials for Year 7 Teams are held on Year 7 Sports Orientation Day (January)

Extra Competition: McDonald’s Cup (August) – subject to the success of the team in the AGSV competition.

Extra Information: There is a tour to the USA every three years (subject to interest). The next tour is scheduled for December 2016

Development Squad for boys in Years 7 – 9 run once a week at Boroondara Sport Complex. Coached by the Director of Coaching/First V Coach, Stephen Blackley. The Squad commences after Cup Day (November)

Post Year 12: Contact Basketball Victoria for your nearest club: www.basketballvictoria.com.au

Previous Results (First V):
2008/2009: Fifth
2009/2010: Third
2010/2011: Sixth
2011/2012: Ninth
2012/2013: Seventh
2013/2014: Third
CRICKET (SUMMER)

*Competition:* AGSV

*Year Levels:* 7 – 12

*Number of Teams:* Years 7 – 10: Usually 2 Teams per year group (dependent on numbers)
Years 11 & 12: Usually 3 Teams (First, Seconds and Thirds)

*Number of Students per Team:* 15

*Training Day:* Monday – Thursdays from 3:30 – 5:00pm (dependent on team)

*Training Venues:* Keith Anderson Oval (KAO), Gordon Barnard Oval (GBO) and Deepdene Park

*Transport Provided:* To Training & Saturday Competitions (remote)

*Competition Day:* Saturday Mornings

*Competition Venues:* AGSV School Venues

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Trials:* Trials for the First XI commence in Term 3 (August)

*Extra Competition:* Neil Dansie Festival (January), Merv Hughes Cup (December), Open Day Development Squad Match (October) and Development Squad v Balwyn Hatch (December)

*Extra Information:* Development Squad for students in Years 7 and 8 coincides with the cricket season and is managed by Mr Peter Robinson in consultation with the Development Coach, Mark Freeman

*Post Year 12:* Contact Cricket Victoria for your nearest club: [www.cricketvictoria.com.au](http://www.cricketvictoria.com.au)

*Previous Results (First XI):*

<table>
<thead>
<tr>
<th>Year</th>
<th>Position</th>
<th>Year</th>
<th>Position</th>
<th>Year</th>
<th>Position</th>
</tr>
</thead>
</table>
CROSS COUNTRY (WINTER)

*Competition:* AGSV

*Year Levels:* 7 – 12

*Number of Teams:* 1 Squad (Senior, Intermediate and Junior Divisions)

*Number of Students per Team:* Unlimited

*Training Day:* Tuesday & Thursdays from 3:30 – 5:00pm and Thursday 7:00 – 8:00am (Students train on two out of the three sessions)

*Training Venue:* Around the streets of Camberwell Grammar

*Transport Provided:* To and From Saturday Meets Only (remote)

*Competition Day:* Saturday Mornings

*Competition Venue:* AGSV School Allocated Courses

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Competition:* Victorian All Schools Cross Country Championships

*Extra Information:* The school may from time to time offer Cross Country runners the opportunity to participate in the City to Surf in Sydney

*Post Year 12:* Contact Athletics Victoria for your nearest club: [www.athsvic.org.au](http://www.athsvic.org.au)

*Previous Results:*

- 2008: Fifth
- 2009: Fourth
- 2010: Fifth
- 2011: Fourth
- 2012: Fifth
- 2013: Fifth
- 2014: Fourth
CYCLING (SUMMER)

**Competition:** Cycling Victoria

**Year Levels:** 7 – 12

**Number of Teams:** 1 Squad

**Number of Students per Team:** No limit

**Training Day:** Monday & Wednesdays from 3.30 – 5.00pm

**Training Venue:** Around the Streets of Camberwell Grammar & Kew Boulevard

**Transport Provided:** To and From Saturday Meets Only (remote)

**Competition Day:** Saturday Mornings (some Sundays)

**Competition Venue:** Cycling Victoria Venues

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Victorian All Schools Cycling Championships

**Extra Information:** Insurance is recommended through Cycling Victoria for Training and Events

**Post Year 12:** Contact Cycling Victoria for your nearest club: www.vic.cycling.org.au

**Previous Results:**
2014/2015: The Inaugural Cycling Victoria All Schools Series
FENCING (WINTER & SPRING)

Competition: Fencing Victoria Schools Competition

Year Levels: 8 – 12

Number of Teams: 1 Squad (Mixed Level of Competition based on Ability)

Number of Students per Team: 30 – 35

Training Day: Tuesday & Thursdays from 3:30 – 5:00pm

Training Venue: PE Centre, Camberwell Grammar School

Transport Provided: Not Provided

Competition Day: Sunday Mornings

Competition Venue: State Fencing Centre Arden Street, North Melbourne

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Extra Competition: Geelong Schools Cup (Term 3 - August)

Extra Information: A $130 Starter Pack is required upon commencing Fencing as a School Sport

Post Year 12: Contact Fencing Victoria for your nearest club:
http://www.foxsportspulse.com/assoc_page.cgi?client=1-3825-0-0-0

Previous Results (Geelong Cup):

2011: Premiers 2013: Premiers
2012: Runners Up 2014: Runners Up
FOOTBALL (AFL) (WINTER)

*Competition:* AGSV

*Year Levels:* 7 – 12

*Number of Teams:* Years 7 – 10: Usually 2 Teams per year group

Years 11 & 12 – 3 Teams (First, Seconds and Thirds)

*Number of Students per Team:* 25-30

*Training Day:* Monday – Thursdays from 3:30 – 5:00pm (dependent on team)

*Training Venue:* Gordon Barnard Oval (GBO)

*Transport Provided:* To and From Training & Saturday Competitions (remote)

*Competition Day:* Saturday Mornings (First XVIII occasionally have Friday afternoon Matches)

*Competition Venue:* AGSV School Venues

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Trials:* Trials for the First XVIII commence in Term 1 (February)

*Extra Information:* AFL Umpires Academy run once a week on Wednesday afternoons. This is an extra activity on top of the Winter Sport program. Boys must participate in their chosen sport to be able to take part in this program. Preferably Year 9 onwards.

Students also have the opportunity to go to Broome and play the Clontarf Foundation every three or so years.


*Previous Results (First XVIII):*

<table>
<thead>
<tr>
<th>Year</th>
<th>Position</th>
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<tbody>
<tr>
<td>2009</td>
<td>Ninth</td>
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<tr>
<td>2010</td>
<td>Sixth</td>
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<td>2011</td>
<td>Eighth</td>
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<td>2012</td>
<td>Ninth</td>
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<tr>
<td>2013</td>
<td>Seventh</td>
</tr>
<tr>
<td>2014</td>
<td>Eighth</td>
</tr>
</tbody>
</table>
FUTSAL (WINTER)

**Competition:** AGSV

**Year Levels:** 11 & 12

**Number of Teams:** 4 – 6

**Number of Students per Team:** 8 – 10

**Training Day:** Monday & Wednesdays from 3:30 – 5:00pm and Wednesdays from 7:00 – 8:00am (depending on what Team the student is in)

**Training Venue:** PE Centre, Camberwell Grammar School

**Transport Provided:** To and From Training Only

**Competition Day:** Saturday Mornings

**Competition Venue:** Trinity Grammar School, Kew

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Victorian All Schools Championships – subject to the success of the team in the AGSV competition.

**Extra Information:** Futsal is only offered to students in Years 11 and 12

**Post Year 12:** Contact Football Federation Victoria for your nearest club: [http://footballfedvic.com.au](http://footballfedvic.com.au)

**Previous Results:**

2010: Runners Up  
2011: Premiers  
2012: Third  
2013: Premiers  
2014: Third
GOLF (WINTER & SPRING)

*Competition:* AGSV

*Year Levels:* 8 – 12

*Number of Teams:* 1 Squad

*Number of Students per Team:* 10 – 11

*Training Day:* Wednesday & Thursdays from 3:30 – 5:00pm

*Training Venue:* Yarra Bend

*Transport Provided:* To and From Training & Competitions (remote)

*Competition Day:* AGSV Competition (Term 1), Victorian All Schools (Term 2), CGS Four Ball Competition (Term 2 Holidays) and CGS Champion (Top Four Students – Term 3 Holidays)

*Competition Venue:* Each competition organiser sets the venue, usually determined on availability and location

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Competition:* Victorian All Schools Championships

*Post Year 12:* Contact Golf Victoria for your nearest club: [www.golfvic.org.au](http://www.golfvic.org.au)

*Previous Results (AGSV):*

- 2009: Twenty-First
- 2010: Seventeenth
- 2011: Thirteenth
- 2012: Seventh
- 2013: Fourteenth
- 2014: Eighth
HOCKEY (WINTER)

Competition: AGSV

Number of Teams: Years 7 – 10: Usually 2 Teams per year group
Year 11 & 12: 3 or 4 Teams (First, Seconds and Thirds)

Number of Students per Team: 15

Training Day: Monday – Fridays from 7:00 – 8:00am or 3:30 – 5:00pm (depending on what team they are in)

Training Venue: Koonung Secondary College (KSC) or the Jack Tobias Oval (JTO) at school

Transport Provided: To and From Training & Saturday Competitions (remote)

Competition Day: Saturday Mornings

Competition Venues: AGSV Schools Venues

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Trials: Trials for the First XI commence in Term 1 (February)

Extra Competition: Melbourne Grammar Schools Cup (April) & Geoff Mills Cup v Scotch (April)

Extra Information: Development Squad (Terms 1 & 2)

Post Year 12: Old Camberwell Grammar Hockey Club (Contact the Development Office for further information) or contact Hockey Victoria for your nearest club: www.hockeyvictoria.org.au

Previous Results (First XI):

KAYAKING (SUMMER)

**Competition:** Several events throughout the season (both short and long course)

**Year Levels:** 7 – 12

**Number of Teams:** 1 Squad

**Number of Students per Team:** 30 – 40

**Training Day:** Monday & Wednesdays from 3:30 – 5:30pm

**Training Venue:** Fairfield Park Boathouse (Ivanhoe North Canoe Club – INCC)

**Transport Provided:** To and From Training & Weekend Meets (remote)

**Competition Day:** Saturdays and some Weekends

**Competition Venue:** Determined by the Competition

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Various weekend events throughout the Kayaking Season

**Extra Information:** The Murray River Marathon (MRM) has now been replaced on the Kayaking Calendar with The Bendigo Carnival (October)

**Post Year 12:** Contact Canoeing Victoria for your nearest club:
http://vic.canoe.org.au or join INCC: www.incc.org.au

**Previous Results (MRM – Open):**

- 2009: Second
- 2010: Premiers
- 2011: Second
- 2012: Fifth
- 2013: Premiers
- 2014: Premiers
LAWN BOWLS (SUMMER)

*Competition:* Bob Poulton Schools Championships

*Year Levels:* 7 – 12

*Number of Teams:* 6 – 10 (Placed in Divisions)

*Number of Students per Team:* 4

*Training Day:* Tuesday & Thursdays from 3:30 – 5:00pm (dependent on team)

*Training Venue:* North Balwyn Bowls Club

*Transport Provided:* To and From Training Only

*Competition Day:* Saturday Mornings (Term 1)

*Competition Venue:* North Balwyn Bowls Club and Burwood Bowls Club

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Competition:* Challenge Cup v Ivanhoe Grammar (held in Term 4 with the top three teams participating from CGS)

*Extra Information:* The Lawn Bowls competition is only run in Term 1 however training takes place right throughout the Summer season in Term 4 & Term 1


*Previous Results (Open Team in Bob Poulton Championships):*

2013: Premiers

2014: Runners Up
MULTI SKILLS DEVELOPMENT (WINTER)

*Competition:* This sport is for training purposes only. Students participate in a range of sports learning valuable skills in all of them. It is likened to an extra Physical Education class for students requiring improved motor skill development

*Year Levels:* 9 – 12

*Number of Teams:* 1 Squad

*Number of Students per Team:* 8 – 15

*Training Day:* Mondays from 3:30 – 5:00pm and Saturday from 9:00 – 10:30am

*Training Venue:* PE Centre at School

*Transport Provided:* Not Required

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Information:* Multi Skills Development (MSD) is a program that introduces students to a number of sports from Football to Cricket and even weights training. Students will work on each sport for 2 weeks learning the basics such as how to kick an AFL Football properly or how to lift weights correctly
ORIENTEERING (SUMMER)

*Competition:* Victorian All Schools Competition

*Year Levels:* 7 – 12

*Number of Teams:* 1 Squad (Students are allocated to Divisions from 1 - 5 based on fitness level and ability)

*Number of Students per Team:* Unlimited

*Training Day:* Mondays from 3:30 – 5:00pm and Thursdays from 7:30 – 8:00am (Recovery Session)

*Training Venue:* Streets around CGS

*Transport Provided:* Not Required

*Competition Day:* Wednesday Evenings

*Competition Venue:* Published by Orienteering Victoria

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Extra Competition:* Victorian Orienteering Championships

*Post Year 12:* Contact Orienteering Victoria for your nearest club: [www.vicorienteering.asn.au](http://www.vicorienteering.asn.au)

*Previous Results:
SNOWSPORTS (WINTER & SPRING)

**Competition:** Victorian All Schools Championships

**Year Levels:** 3 – 12

**Number of Teams:** 1 Squad

**Number of Students per Team:** No limit

**Training Day:** Tuesday & Thursdays from 7:15 – 8:15am

**Training Venue:** PE Centre at School & Weights/Ergo Room

**Transport Provided:** To and From Training (at times) & Events (remote)

**Competition Day:** Week long competition in Term 3 – Victorian All Schools Championship

**Competition Venue:** Mt Buller

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Victorian All Schools Cross Country Championships

**Extra Information:** There are training weekends at the snow leading up to the competition that are run by Friends of Snowsports. There is also a Falls Creek Camp held in Term 2 Holidays

**Post Year 12:** Contact the Victorian Snowsports Association for your nearest club: [www.vsa.org.au](http://www.vsa.org.au)

**Previous Results (Interschools):**

2009: Fifth  
2010: Third

2011: Fourth  
2012: Third

2013: Fifth  
2014: Sixth
SOCCER (WINTER)

*Competition:* AGSV

*Year Levels:* 7 - 12

*Number of Teams:* Years 7 – 10: Usually 4 Teams per Year (A, B and 2 x C Teams)
Year 11 & 12: 5 or 6 Teams (First, Seconds, Thirds and Fourths)

*Number of Students per Team:* 15

*Training Day:* Monday – Fridays from 7:00 – 8:00am or 3:30 – 5:00pm (depending on what team they are in)

*Training Venue:* Keith Anderson Oval (KAO) at school, Deepdene Oval or Hislop Park

*Transport Provided:* To and From Training & Saturday Competitions (remote)

*Competition Day:* Saturday Mornings

*Competition Venues:* AGSV Schools Venues

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Trials:* Trials for the First XI commence in Term 1 (February)

*Extra Competition:* Melbourne City FC Tournament (Juniors only)

*Extra Information:* Development Squad & Trials

*Post Year 12:* Old Camberwell Grammar Soccer Club (Contact the Development Office for further information) or contact Football Federation Victoria for your nearest club: [http://footballfedvic.com.au](http://footballfedvic.com.au)

Previous Results (First XI):

- 2009: Third
- 2010: Third
- 2011: Third
- 2012: Sixth
- 2013: Sixth
- 2014: Fifth
SQUASH (SUMMER)

*Competition:* Squash Victoria Club Competition

*Year Levels:* 7 – 12

*Number of Teams:* 6 – 8 (Placed in Divisions 1 through to 4 dependent on ability)

*Number of Students per Team:* 4 – 5

*Training Day:* Monday – Thursdays from 3.30 – 5.00pm (dependent on what Team they are in)

*Training Venue:* Hawthorn Club, Glenferrie Road

*Transport Provided:* To and From Training & Saturday Competitions (remote)

*Competition Day:* Saturday Mornings

*Competition Venue:* Squash Victoria Club Venues

*Equipment Required:* See ‘Sports Equipment’ on Page 14

*Uniform:* See the CGS Uniforms Document on the Parent Portal

*Trials:* Trials for the First IV commence in Term 3 (August)

*Extra Competition:* Victorian All Schools

*Post Year 12:* Contact Squash Victoria for your nearest club: [www.squashvic.com.au](http://www.squashvic.com.au)

*Previous Results (First IV):*

- 2009: Runners Up
- 2010: Third
- 2011: Runners Up
- 2012: Third
- 2013: Runners Up
- 2014: Second
SWIMMING (SUMMER)

**Competition:** AGSV

**Year Levels:** 6 – 12

**Number of Teams:** 1 Squad

**Number of Students per Team:** Unlimited

**Training Day:** Monday, Wednesday and Fridays from 6:45 – 7:45am (Senior Squad) and Tuesday and Thursdays from 6:45 – 8:00am (Development/Intermediate Squad)

**Training Venue:** Boroondara Sports Complex

**Transport Provided:** From Training & To and From Meets (remote). Parents drop Students off To Training in the Mornings

**Competition Day:** Friday Afternoons (Trials in Term 1) and Friday Night (AGSV Championships Term 1)

**Competition Venue:** AGSV School Pools and MSAC

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Victorian All Schools Relay Championships

**Extra Information:** This Swimming program is not a learn to swim program but a competitive training squad. As the different competitions take place on Friday afternoons this gives students the opportunity to take part in Swimming as a second sport. This Squad has the opportunity to tour & train at the Australian Institute of Sport. This tour takes place every second year

**Post Year 12:** Contact Swimming Victoria for your nearest club: [http://vic.swimming.org.au](http://vic.swimming.org.au)

**Previous Results:**

- **2009:** Fourth
- **2010:** Fourth
- **2011:** Fourth
- **2012:** Fifth
- **2013:** Seventh
- **2014:** Sixth
TABLE TENNIS (SUMMER)

Competition: AGSV

Year Levels: 7 - 12

Number of Teams:
- Years 7 & 8 (Junior Division 4 – 6)
- Years 9 & 10 (Intermediate Division 3 – 4)
- Years 11 & 12 (Senior Division 3 – 4)

Number of Students per Team: Varies in divisions but around 4 – 8

Training Days: Monday – Thursdays from 3:30 – 5:00pm (dependent on team)

Training Venue: PAC Basement

Transport Provided: To and From Saturday Competitions Only

Competition Day: Saturday Mornings

Competition Venue: Kilsyth Sports Centre

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Trials: Trials for the First VI commence in Term 3

Extra Competition: Victorian All Schools – subject to the success of the team in the AGSV competition.

Post Year 12: Contact Table Tennis Victoria for your nearest club: www.insports.com.au/ttv

Previous Results (First VI):

TAEKWONDO (WINTER & SPRING)

**Competition:** Taekwondo Victoria Sanctioned Competitions

**Year Levels:** 8 – 12

**Number of Teams:** 1 Squad

**Number of Students per Team:** 15 – 20

**Training Day:** Tuesday & Thursdays from 3:30 – 5:00pm

**Training Venue:** Melbourne Taekwondo Centre in Kew

**Transport Provided:** To and From Training Only

**Competition Day:** Varies but usually Sunday

**Competition Venue:** Taekwondo Victoria organise the venues

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Competition:** Tournaments as required

**Extra Information:** Taekwondo is a new sport at CGS and so the program is still developing in regards to grading and tournaments entered throughout the season

**Post Year 12:** Contact Taekwondo Victoria for your nearest club:

http://www.tkdvic.com
TENNIS (SUMMER)

**Competition:** AGSV

**Year Levels:** 7 - 12

**Number of Teams:** Years 7 – 10: Usually 4 Teams per year group (A, B and 2 x C Teams)
Year 11 & 12: 5 or 6 Teams (First, Seconds, Thirds and Fourths)

**Number of Students per Team:** 10 – 12

**Training Day:** Monday – Thursdays from 3:30 – 5:00pm and Monday – Fridays from 7:15 – 8:15am (dependent on what team they are in)

**Training Venue:** Jack Tobias Oval (JTO) at school, Koonung Secondary College (KSC) or Deepdene Tennis Club

**Transport Provided:** To and From Training & Saturday Competitions (remote)

**Competition Day:** Saturday Mornings

**Competition Venue:** AGSV School Venues

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Trials:** Trials for the First VIII commence in Term 3 (August)

**Extra Competition:** Victorian All Schools

**Extra Information:** There is a Development Squad run for the duration of the season. This is run on Friday mornings from 7:00 – 8:15am at Deepdene Tennis Club. This squad is open to students from Year 7 – 10

**Post Year 12:** Contact Tennis Victoria for your nearest club:

**Previous Results (First VIII):**

2009: Fourth  
2010: Third  
2011: Fourth  
2012: Fifth  
2013: Fifth  
2014: Sixth
TRIATHLON (SUMMER)

**Competition:** Triathlon Victoria Team Up Active Series

**Year Levels:** 7 – 12

**Number of Teams:** 1 Squad (Students are put into various ability level races throughout the season)

**Number of Students per Team:** No limit

**Training Days:** Monday & Wednesdays from 3:30 – 5:00pm

**Training Venue:** PE Centre at school

**Transport Provided:** Not Required

**Competition Day:** Sunday Mornings

**Competition Venue:** Triathlon Victoria determines the Venues

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Extra Information:** Triathlon competes on Sunday mornings spread out across both Term 4 and Term 1. These may also include some dates over the Summer holiday period. At the start of each Season parents are required to pay the entry fee for all races and then the school reimburses the Parents after each race their son attends

**Post Year 12:** Contact Triathlon Victoria for your nearest club: [http://www.triathlon.org.au/State_Associations/VIC/Triathlon_Victoria_Home.htm](http://www.triathlon.org.au/State_Associations/VIC/Triathlon_Victoria_Home.htm)

**Previous Results:**

2009: Runners Up  
2010: Runners Up  
2011: Runners Up  
2012: Runners Up  
2013: Runners Up  
2014: Premiers
Volleyball (Summer)

**Competition:** AGSV

**Year Levels:** 7 - 12

**Number of Teams:**
- Years 7 & 8 (Junior Division – 1 or 2 Teams),
- Years 9 & 10 (Intermediate Division – 1 or 2 Teams),
- Years 11 & 12 (Senior Division – First and Seconds)

**Number of Students per Team:** 8 – 10

**Training Day:** Monday – Thursdays from 3:30 – 5:00pm and Monday – Fridays from 7:00am – 8:00 am (dependent on what team they are in)

**Training Venue:** PE Centre at school and Boroondara Sports Complex (BSC)

**Transport Provided:** To and From Training & Saturday (Firsts Only)

**Competition Day:** Saturday Mornings

**Competition Venue:** Monash University and the State Volleyball Centre in Dandenong North (Firsts only)

**Equipment Required:** See ‘Sports Equipment’ on Page 14

**Uniform:** See the CGS Uniforms Document on the Parent Portal

**Trials:** Trials for the First VI commence in Term 3 (August)

**Extra Competition:** Australian All Schools (December)

**Post Year 12:** Contact Volleyball Victoria for your nearest club: [http://www.volleyballvictoria.com.au](http://www.volleyballvictoria.com.au)

**Previous Results:**
- 2009: Second
- 2010: Third
- 2011: Fourth
- 2012: Sixth
- 2013: Fifth
- 2014: Seventh
WATER POLO (SPRING)

Competition: Water Polo Victoria Schools Competition

Year Levels: 6 – 12

Number of Teams: Years 7 & 8 (Junior Division 2 – 3)
Years 9 & 10 (Intermediate Division 1 – 2)
Years 11 & 12 (Senior Division 1 – 2)

Number of Students per Team: 8 – 10

Training Day: Monday – Fridays from 7:00 – 8:00am (dependent on what team they are in)

Training Venue: Camberwell Grammar School Pool and Camberwell Girls Grammar School Pool (CAGGS)

Transport Provided: Not Required

Competition Day: Saturday Mornings

Competition Venue: Melbourne High School in South Yarra

Equipment Required: See ‘Sports Equipment’ on Page 14

Uniform: See the CGS Uniforms Document on the Parent Portal

Trials: Trials for the Firsts commence in Term 3 (July)

Extra Information: Teams are entered into the competition based on the number of students that elect to do Water Polo. It is possible for students to do both Water Polo & Athletics throughout the Spring Season. This can be organised in consultation with the Water Polo Coach and Teacher in Charge of Athletics

Post Year 12: Contact Water Polo Victoria for your nearest club: www.foxsportspulse.com/assoc_page.cgi?c=1-3142-0-0-0

Previous Results (First VII):

2009: Runners Up 2012: Runners Up
2010: Fifth 2013: Third